



BAND 14. Snack Break

Time Factor: 1

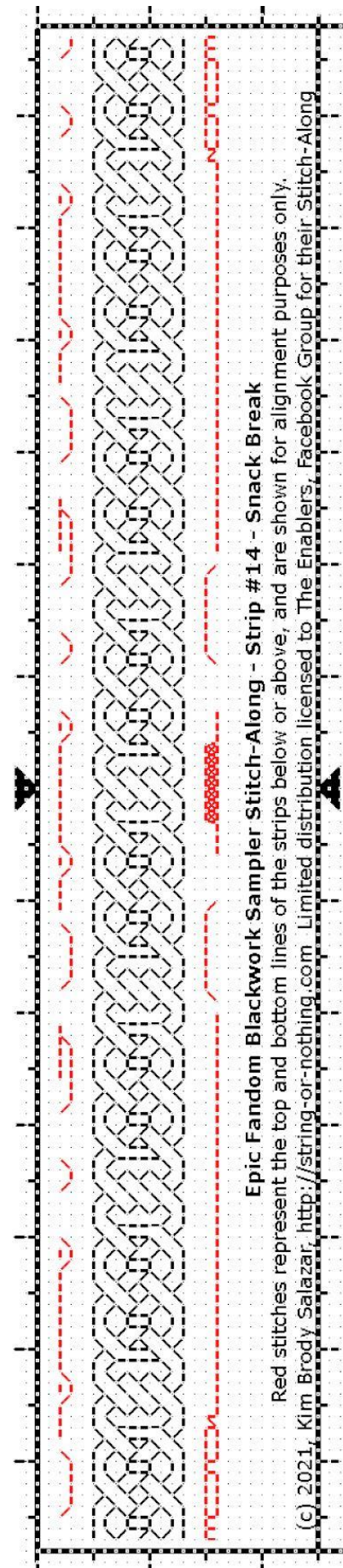
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134 stitches wide x 15 stitches tall. 2 blank rows left between this and the following strip. If worked as a stand-alone continuous band, one full repeat in 15 units.

Another respite from evil. We take a snack break, complete with pretzels. Or a twist that makes me hungry for them. Think of this as a seventh inning stretch. There's a lot more game to come, and quite a bit of excitement left. When you see Band 15, you'll appreciate coming off this bit of rest. 😊

Time Factor 1, but stay awake! There are twists and overlaps to keep sorted out. But through it all, I promise – NO partial stitches.

Use one color, multiple colors, or variegated threads, as you prefer. As with the rest of Epic, there are no rules or must-do approaches.





Epic Fandom Blackwork Sampler Stitch-Along - Strip #14 - Snack Break

Red stitches represent the top and bottom lines of the strips below or above, and are shown for alignment purposes only.

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Band 14 – Snack Break:

Samples	Fabric used	Stitch	Thread Use Notes
	18 count Aida	Back stitch 1 ply	
	28 count evenweave	Back stitch 1 ply	Less than one yard of floss
	28 count evenweave	Double running 2 plies.	Less than 1 yard of dark blue. Remnants of light red.

Top to bottom: Renditions by Beta Testers Danielle and Callie, plus Kim

Hints:

- This twist only has one tricky bit. Note that the loops that bear the vertical twist have only TWO stitches across their top and bottom edges, while the larger figure-8 twist with the little center rectangles (in light red in my sample) have THREE stitches across each top and bottom. Once you are on to that little bit of aberrance, the rest should fall into place quite quickly.
- This design would make sweet, simple trim for collars, cuffs, or hems. It would also work nicely as a framing motif or area divider for a larger sampler.

All general project information can be found in download that includes Band #1 – Giant Robot and Kaiju